

THE DELI
BY KNIFE &
SOLE LTD
EST 2024



OPENING HOURS

Mon-Sat
10.00 am -
2.30 pm

TAKE AWAY MENU

SALAD BOWLS & BOXES

Lettuce, cucumber, tomatoes, peppers,
red onions, choice of homemade
mustard vinaigrette, salad cream or
mayo, crispy onions or croutons

BOWL

(small salad plus 1 counter salad)

CHEESE	£4.75
EGG MAYO	£4.75
ROAST HAM	£5.25
TUNA MAYO	£5.00
CHICKEN VARIATION	£6.00
ADD CHEESE	+£0.50
ADD BACON (2 rashers)	+£1.00

BOX

(large salad plus 2 counter salads)
+ £1.50 ON TOP OF BOX PRICE



MEAL DEAL

ADD A DRINK AND A PACKET OF
CRISPS TO ANY SALAD, SANDWICH
OR JACKET POTATO FOR £2.50

DELI SANDWICHES

Soft white / granary sub roll

Lettuce, cucumber, tomatoes, peppers, red
onions.

CHEESE	£4.75
EGG MAYO	£4.75
ROAST HAM	£5.25
TUNA MAYO	£5.00
BLT	£5.00
CHICKEN VARIATION	£6.00
ADD CHEESE	+£0.50
ADD BACON (2 rashers)	+£1.00

SOUP

Croutons, garnish, bread & butter

SOUP OF THE DAY	£5.50
SMALL SOUP (with any meal)	£2.75

HIGGINSONS

PASTIES

CHEESE, ONION & POTATO	£4.50
MEAT & VEGETABLE	£4.00

PIES

PORK PIES	£2.75
MEAT & POTATO	£4.00
STEAK (VARIATIONS)	£4.75
CHICKEN, HAM & LEEK	£4.75
CHICKEN CURRY	£4.75
ADD 2 SIDES (peas, gravy, pickles)	£2.50

SANGA'S SPECIALS

SPECIALS OF THE DAY

HOMEMADE QUICHES
SMALL AND JUMBO SAUSAGE
ROLLS
SKEWERS
DELI SALADS
CAKES & SWEET TREATS

Please note as we pride ourselves in
providing fresh, seasonal and
homemade dishes, the flavours of
certain dishes can change daily.

JACKET POTATOES

Served with butter, salt & pepper

BEANS	£5.00
CHEESE	£5.50
TUNA	£5.75
CHICKEN	£6.00
HOMEMADE CHILLI	£6.75
ADD CHEESE	+£0.75
ADD COLESLAW	+£0.75
FULLY LOADED (cheese, sour cream & crispy onions)	+£1.25

DRINKS

CANS OF SODA / BELVOIR	£1.25
BOTTLES OF SODA	£1.75
JUICE BURST	£1.75
BOTTLES OF WATER	£1.25

A selection of teas,
coolers and coffee is
also available.

PRE-ORDER
AVAILABLE

07958356180

SPECIALS
CHANGE
DAILY



90, ROOSE ROAD, BARROW-IN-FURNESS, LA13 9RH